

Spirit at Sea Travel invites you to join  
**Temple Hayes and Arie Boris**  
as we explore Portugal and Spain

EARLY BOOKING  
SAVINGS OF  
**\$500**  
PER PERSON  
when booked by  
9/15/2018

# Portugal and the Douro River Cruise

*Lisbon, Portugal to Salamanca, Spain to Porto, Portugal*

**Tour Dates:** Depart USA for Lisbon **October 9, 2019**  
Return from Porto **October 19, 2019**  
**800-728-0724**

**Mayflower**  
CRUISES & TOURS



Monument to the Discoveries overlooks the harbor in Lisbon, Portugal



Feel the rhythm of the city in the Plaza Mayor, Salamanca, Spain

# Portugal and the Douro River Cruise

**11 Days • 23 Meals** Spend two nights exploring Lisbon, then set sail through the Portuguese Frontier. Visit Spain's walled city of Salamanca, and the quaint and historic towns of Portugal along the Douro River.



## CRUISE AND HOTEL ACCOMMODATIONS

Days Two and Three – Hotel Sana Lisboa, Lisbon, Portugal  
 Days Four through Ten – Aboard the *MS Emerald Radiance*

## TOUR HIGHLIGHTS

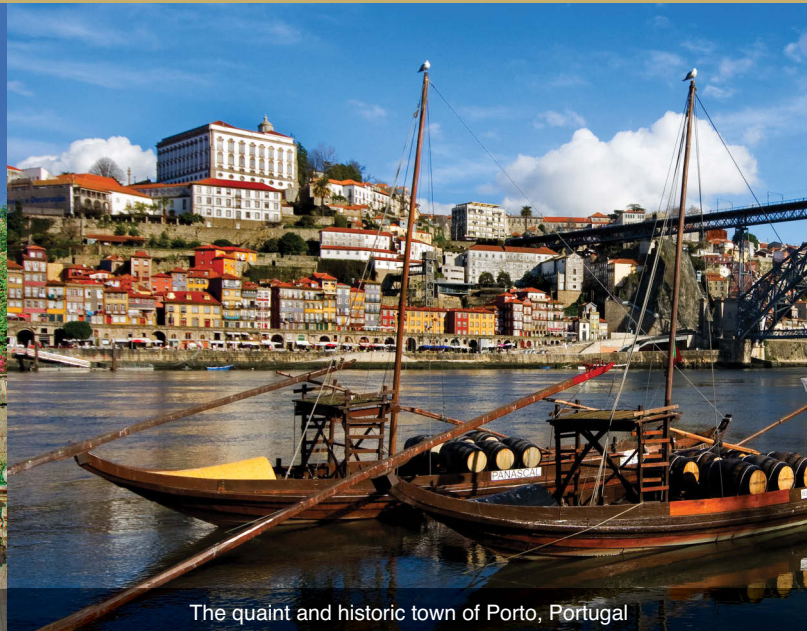
- ✓ 23 Meals (8 dinners, 6 lunches, and 9 breakfasts)
- ✓ Airport transfers on tour dates when air is provided by Mayflower Tours
- ✓ International Cruise Director and Mayflower Tours expert staff onboard
- ✓ Two-night hotel stay and touring in Lisbon, Portugal before cruising
- ✓ Experience the Douro River aboard the exclusively chartered *MS Emerald Radiance*
- ✓ Once onboard, unpack just once in your river view stateroom
- ✓ Included shore excursions escorted by local, English-speaking guides in Salamanca, Pórcinho, Lamego and Porto
- ✓ All onboard meals feature local and international specialties
- ✓ All onboard lunches and dinners are four courses and served with complimentary regional wines, beer and soft drinks
- ✓ Afternoon tea time and late evening snacks served daily in the lounge
- ✓ Complimentary WiFi onboard
- ✓ Spacious public areas with large picture windows
- ✓ Enhanced touring experience with the use of audio headsets
- ✓ Walk-out balcony and panoramic window featured in the Riverview and Owner's Suites on Horizon Deck
- ✓ 'Indoor balcony' with drop-down window featured in the staterooms on Horizon and Vista Decks
- ✓ \$55 in Mayflower Money

## LOCAL INSIGHTS

- ✓ Insightful presentation on the history of the Douro River
- ✓ Included visit to a quinta vineyard in the heart of the Douro Valley
- ✓ Off-ship dinner at a traditional vineyard estate
- ✓ Culinary demonstration by the ship's chef



Tile work adorns the Sanctuary of Our Lady of Remedies, Lamego, Portugal



The quaint and historic town of Porto, Portugal

#### DAY 1 – Depart the USA

Depart the USA on your overnight flight to Lisbon, Portugal.

#### DAY 2 – Lisbon, Portugal

Upon arrival, you will be met by a Mayflower Tours representative and transferred to your hotel. The remainder of the day is at leisure to explore Lisbon. This evening, join your Mayflower Tours staff and fellow travelers for an included dinner.

**Meal: D**

#### DAY 3 – Discover Lisbon

After breakfast, an included tour highlights the famous sites of the city. See Jerónimos Monastery, ‘Monument to the Discoveries,’ and Belem Tower, a UNESCO World Heritage Site. Enjoy a free afternoon to shop, dine and experience this cosmopolitan city on your own. **Meal: B**

#### DAY 4 – Fátima / Coimbra

Enroute to the ship in Porto visit Fátima, home to the Sanctuary of Fátima, an important Catholic pilgrimage site. The city’s fame originates from the apparitions of Our Lady of the Rosary that appeared to three shepherd children in the nearby fields. Continue to Coimbra and its famous university before arriving in Porto to embark the *MS Emerald Radiance*, home for the next seven nights. **Meals: B, D**

#### DAY 5 – Porto / Pinhão

Today is a day of sailing through the twists and turns of the Douro Valley. Designated a UNESCO World Heritage Site, this area is

sparsely populated by small quaint villages and typical communities with vineyards and small farms. This afternoon, the ship arrives in the village of Pinhão, perfectly situated on a river bend surrounded by terraced hillsides that produce some of the world’s best Port wine. **Meals: B, L, D**

#### DAY 6 – Pinhão / Vega de Terron

Begin the day with a visit to a beautiful quinta vineyard with spectacular views of the Douro Valley. Learn about wine production and its importance to the culture and economy. This afternoon, the ship sails for Vega de Terron, gateway to Spain.

**Meals: B, L, D**

#### DAY 7 – Salamanca, Spain

Today’s excursion takes you to the UNESCO World Heritage Site of Salamanca, Spain. During the guided walking tour, see amazingly detailed and intricately carved buildings of the university, the 12-th century Romanesque church of San Martin and the house of Shells. Regal splendor abounds in the Plaza Mayor, the heartbeat of the city. You’ll have free time to explore independently before returning to the ship in Portugal. **Meals: B, L, D**

#### DAY 8 – Pocinho

Arrive in Pocinho and disembark for a morning excursion to the Coa Valley Museum. Designed to blend in with its surroundings, the concrete structure houses prehistoric stone carvings made by the early inhabitants of the Douro which were uncovered during construction of a nearby

dam project. Return to the ship for lunch and relax on deck as the ship sails through idyllic surroundings on the way to Régua. This evening, enjoy an off-ship dinner at a traditional vineyard estate. **Meals: B, L, D**

#### DAY 9 – Régua

After arriving in Régua, journey to the marvelous baroque village of Lamego, home to the Sanctuary of Our Lady of Remedies - one of the most important pilgrimage sites in Portugal. See the Sanctuary perched atop the hill, with its iconic 686-step granite staircase, decorated with the traditional Portuguese blue and white ‘azulejos’ tiles. Return to the ship in Régua after the excursion. **Meals: B, L, D**

#### DAY 10 – Porto

Having traversed the Douro River, the ship returns to Porto – a city with an eclectic mix of modern and ancient architecture. An included tour highlights the sights from historic landmarks to the scenic beauty. And it wouldn’t be complete without a visit to a wine cave for a tour and tasting of Port wine. The remainder of the afternoon is at leisure in Porto. **Meals: B, L, D**

#### DAY 11 – Porto / USA

This morning, disembark the *MS Emerald Radiance* and bid a fond farewell to Portugal, filled with memories of this remarkable cruise along the ‘river of gold.’ **Meal: B**

*Itinerary is subject to change.*

Seven nights accommodations aboard the  
**MS Emerald Radiance**

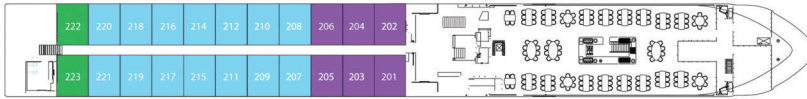
**Built:** 2017 **Speed:** 15.5 mph **Staterooms:** 52 **Suites:** 4 **Length:** 292 ft. **Crew:** 37



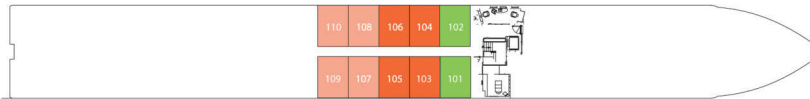
**HORIZON DECK**



**VISTA DECK**



**RIVIERA DECK**



**Public Areas and Ship Amenities**

- Dining Room
- Lounge
- Sun Deck featuring deck chairs and walking track
- Elevator
- Outdoor swimming pool and bar
- Fitness room, hairdresser, massage therapy room
- Voltage: 220V
- Complimentary WiFi

**Riverview Suite (300 sq ft): Horizon Deck**

Located aft, boasts floor-to-ceiling windows on two walls; Indoor balcony with open air system; Separate bedroom and lounge area with sofa, chair, coffee table, dresser and walk-in closet; Bathroom with tub and separate shower, bathrobe and slippers, hair dryer; Complimentary WiFi; Two twin beds that can be put together; Telephone; Safe; Individual climate control; Flat screen TV; Mini-fridge

**Owner's One-bedroom Suite (285 sq ft): Horizon Deck**

Features indoor balcony with open air system and floor-to-ceiling windows; Sitting area with table and two chairs; Dresser and walk-in closet; Bathroom with shower, hair dryer, bathrobes and slippers; Complimentary WiFi; Two twin beds that can be put together; Telephone; Safe; Individual climate control; Flat screen TV; Mini-fridge

**Panorama Stateroom categories A (160 sq ft) and P (170 sq ft): Horizon Deck**

Features an indoor balcony with open-air system; Bathroom with shower, hair dryer; Complimentary WiFi; Two twin beds that can be put together; Dresser; Closet; Telephone; Safe; Individual climate control; Flat screen TV; Mini-fridge

**Panorama Stateroom categories B (160 sq ft) and R (188 sq ft): Vista Deck**

Features an indoor balcony with open-air system; Bathroom with shower, hair dryer; Complimentary WiFi; Two twin beds that can be put together; Dresser; Closet; Telephone; Safe; Individual climate control; Flat screen TV; Mini-fridge

**Emerald Stateroom (153 – 170 sq ft): Riviera Deck**

Features small window (doesn't open); Bathroom with shower and hair dryer; Complimentary WiFi; Two twin beds that can be put together; Dresser; Closet; Telephone; Safe; Individual climate control; Flat screen TV; Mini-fridge

**2019 DEPART USA**

		RIVIERA DECK	VISTA DECK CAT B	VISTA DECK CAT R	HORIZON DECK CAT A	HORIZON DECK CAT P	OWNERS SUITE	RIVerview SUITE
<b>October 9</b>	PER PERSON TWIN	\$4,799	\$5,199	\$5,599	\$5,799	\$5,899	\$6,299	\$6,499
	SINGLE ROOM ADD	\$3,119	\$3,379	\$3,639	\$3,769	\$3,839	N/A	N/A

Call for air rates and schedules from your city to Lisbon and return from Porto, Portugal

\$299 Registration Fee per person.

**TOUR ACTIVITY LEVEL**



FOR RESERVATIONS OR INFORMATION CONTACT:

**Mayflower Tours Group Department**

**1-800-728-0724**

*Please mention Spirit At Sea Travel*

